

# Meet Manual



by Sparkasse Essen



April 29 – May 01 2022  
Swimming Center Essen - Rüttenscheid

Friday, April 29th 2022 – 1st Session – Warm-ups: 2:00 PM / Starts: 3:00 PM

## TIME STANDARDS

Events:					2014	2013	2012-'09	open
					f/m	f/m	f/m	f/m
1	1500 m	Free	Timed Finals	F	%	%		22:00,0
2	800 m	Free	Timed Finals	M	%	%		10:30,0
3	400 m	Free	Timed Finals	F	%	%	6:40,0	5:20,0
4	400 m	Free	Timed Finals	M	%	%	6:40,0	5:10,0
5	400 m	IM	Timed Finals	F	%	%		6:00,0
6	400 m	IM	Timed Finals	M	%	%		5:50,0
7	800 m	Free	Timed Finals	F	%	%		11:00,0
8	1500 m	Free	Timed Finals	M	%	%		21:00,0

% => not allowed to compete (youth protected)

Saturday, April 30th 2022 – 2nd Session – Warm-ups: 07:30 AM / Starts: 09:00 AM

Events:						2008-'07	2006-'05	open
9	200 m	Free	Prelims	F		2:35,0	2:30,0	2:30,0
10	200 m	Free	Prelims	M		2:26,0	2:16,0	2:16,0
11	100 m	Back	Prelims	F		1:22,0	1:19,0	1:17,0
12	100 m	Back	Prelims	M		1:22,0	1:14,0	1:12,0
13	100 m	Fly	Prelims	F		1:25,0	1:23,0	1:23,0
14	100 m	Fly	Prelims	M		1:20,0	1:15,0	1:12,0
15	50 m	Breast	Prelims	F		0:42,0	0:41,0	0:41,0
16	50 m	Breast	Prelims	M		0:41,0	0:39,0	0:38,0
17	50 m	Free	Prelims	F		0:34,0	0:33,0	0:32,0
18	50 m	Free	Prelims	M		0:32,0	0:30,0	0:29,0
19	200 m	Breast	Prelims	F		3:15,0	3:11,0	3:11,0
20	200 m	Breast	Prelims	M		3:10,0	3:03,0	3:00,0
21	200 m	IM	Prelims	F		3:00,0	2:55,0	2:51,0
22	200 m	IM	Prelims	M		2:52,0	2:44,0	2:40,0



### 3rd Session – Meet Starts: 45 Minutes after End of 2nd Session

Events:					2014	2013	2012-'11	2010-'09
209	200 m	Free	Timed Finals	F	%	%	2:55,0	2:45,0
210	200 m	Free	Timed Finals	M	%	%	2:55,0	2:40,0
211	100 m	Back	Prelims	F	%	%	1:45,0	1:37,0
212	100 m	Back	Prelims	M	%	%	1:45,0	1:37,0
213	100 m	Fly	Prelims	F	%	%	1:50,0	1:45,0
214	100 m	Fly	Prelims	M	%	%	1:55,0	1:45,0
215	50 m	Breast	Prelims	F	1:05,0	1:00,0	0:52,0	0:47,0
216	50 m	Breast	Prelims	M	1:05,0	1:00,0	0:52,0	0:47,0
217	50 m	Free	Prelims	F	1:00,0	0:55,0	0:45,0	0:40,0
218	50 m	Free	Prelims	M	1:00,0	0:55,0	0:45,0	0:40,0
219	200 m	Breast	Timed Finals	F	%	%	3:40,0	3:25,0
220	200 m	Breast	Timed Finals	M	%	%	3:40,0	3:25,0
221	200 m	IM	Timed Finals	F	%	%	3:35,0	3:20,0
222	200 m	IM	Timed Finals	M	%	%	3:40,0	3:20,0

### 4th Session – Meet Starts: 45 Minutes after End of 3rd Session

Events:					Kids		Youth	A-Final
					2014/'13		2012-'09	2008 a.o.
					f/m		f/m	f/m
109	200 m	Free	Finals	F				X
110	200 m	Free	Finals	M				X
111	100 m	Back	Finals	F			X	X
112	100 m	Back	Finals	M			X	X
113	100 m	Fly	Finals	F			X	X
114	100 m	Fly	Finals	M			X	X
115	50 m	Breast	Finals	F		X	X	X
116	50 m	Breast	Finals	M		X	X	X
117	50 m	Free	Finals	F		X	X	X
118	50 m	Free	Finals	M		X	X	X
119	200 m	Breast	Finals	F				X
120	200 m	Breast	Finals	M				X
121	200 m	IM	Finals	F				X
122	200 m	IM	Finals	M				X

### Sunday, Mai 1st 2022 – 5th Session – Warm-ups: 07:30 AM / Starts: 09:00 AM

Events:					2008-'07	2006-'05	open
23	200 m	Fly	Prelims	F	3:08,0	3:00,0	3:00,0
24	200 m	Fly	Prelims	M	3:05,0	2:55,0	2:50,0
25	100 m	Breast	Prelims	F	1:32,0	1:31,0	1:30,0
26	100 m	Breast	Prelims	M	1:27,0	1:24,0	1:21,0
27	50 m	Back	Prelims	F	0:39,0	0:38,0	0:37,0
28	50 m	Back	Prelims	M	0:36,0	0:34,0	0:33,0
29	50 m	Fly	Prelims	F	0:37,0	0:36,0	0:36,0
30	50 m	Fly	Prelims	M	0:35,0	0:34,0	0:33,0
31	200 m	Back	Prelims	F	3:00,0	2:55,0	2:53,0
32	200 m	Back	Prelims	M	2:50,0	2:44,0	2:39,0
33	100 m	Free	Prelims	F	1:12,0	1:11,0	1:11,0
34	100 m	Free	Prelims	M	1:05,0	1:03,0	1:03,0

## 6th Session – Starts: 45 Minutes after End of 5th Session

Events:					2014	2013	2012-'11	2010-'09
223	200 m	Fly	Timed Finals	F	%	%	%	3:15,0
224	200 m	Fly	Timed Finals	M	%	%	%	3:20,0
225	100 m	Breast	Prelims	F	%	%	1:55,0	1:48,0
226	100 m	Breast	Prelims	M	%	%	1:55,0	1:48,0
227	50 m	Back	Prelims	F	1:05,0	1:00,0	0:52,0	0:48,0
228	50 m	Back	Prelims	M	1:05,0	1:00,0	0:52,0	0:48,0
229	50 m	Fly	Prelims	F	%	1:05,0	0:52,0	0:45,0
230	50 m	Fly	Prelims	M	%	1:05,0	0:52,0	0:45,0
231	200 m	Back	Timed Finals	F	%	%	3:25,0	3:10,0
232	200 m	Back	Timed Finals	M	%	%	3:25,0	3:10,0
233	100 m	Free	Prelims	F	%	%	1:28,0	1:23,0
234	100 m	Free	Prelims	M	%	%	1:30,0	1:23,0

## 7th Session – Starts: 45 Minutes after End of 6th Session

Events:					Kids	Jugend	A-Finals
					2014/'13	2012-'09	2008 u.ä.
					w/m	w/m	w/m
123	200 m	Fly	Finals	F			X
124	200 m	Fly	Finals	M			X
125	100 m	Breast	Finals	F		X	X
126	100 m	Breast	Finals	M		X	X
127	50 m	Back	Finals	F	X	X	X
128	50 m	Back	Finals	M	X	X	X
129	50 m	Fly	Finals	F	X	X	X
130	50 m	Fly	Finals	M	X	X	X
131	200 m	Back	Finals	F			X
132	200 m	Back	Finals	M			X
133	100 m	Free	Finals	F		X	X
134	100 m	Free	Finals	M		X	X

## General Regulations:

### 1. Eligibility

The following applies to competition regulations (WB), the legal system (RO) and the anti-doping regulations (ADO) of the German Swimming Association e.V. (DSV) in the current versions. The WB of the German Disabled Sports Association also apply to disabled persons with corresponding proof of classification. Participants need to be eligible members of a club team and their swimming country affiliation and abroad who are in possession of the association rights and whose countries belong to FINA. Foreign individuals or teams who are not members of DSV Swimming but are members of their respective FINA federation may also enter

### 2. Facility

The competitions are held in the indoor Swimming Center Essen - Rüttenscheid, Von-Einem-Straße 77. The competition pool has 8 lanes of 50 meters each, separated by non-turbulent lane lines and permanent starting blocks. A horn start and fully automatic timing with touch pads will be used. The water temperature is about 26° Celsius. One-time-false start rule is applied.

### 3. Entries

Meet entries are to be sent to the following address in accordance with the competition regulations (WB). **Entries will only be accepted as DSV6 or LENEX files; should no DSV6 or LENEX file be sent, the messages will be rejected! ! For club teams that do not have a registration program, we provide a registration program on our homepage.**

Together with the registration the club teams have to **give an assurance that the swimmers registered by them** and have the right to participate according to WB-AT § 19 (2). With submission of all entries, the registering club team must confirm the sporting ability of its athletes in accordance with WB-AT § 11 (2) or WB-SWI § 120 (2), which is not older than one year. The entry form may only be sent and accepted by the organizer without signature and binding declaration of sports health according to WB-AT § 11 (2) if the entry is submitted by data transmission according to DSV standard and sent by e-mail. The host of the competition is not liable for invalid physicals and annual license is not available. The meet director and host as well as the sports and swimming facilities of the city of Essen accept no liability for lost objects, damage or injuries. We are "going green" for this meet. Printed psych sheets will **NOT be available** at the meet nor results will be issued to the club teams. The meet, including psych sheets and results will be available online at no charge on the SG Essen homepage [www.sg-essen.de](http://www.sg-essen.de).

#### **4. Mail entries to**

Ralf Kirchmayer, Manteuffelstraße 25, 45138 Essen  
Phone.: 0201 / 248 47 96  
E-mail: [ralf.kirchmayer@schwimmen-essen.de](mailto:ralf.kirchmayer@schwimmen-essen.de)

#### **5. Deadline for entries**

The Deadline for registration is Wednesday, **April 20th 2022**. Entries received after this date will not be taken into consideration.

#### **6. Limitations**

The host reserves the right to limit the number of entries for time-related reasons. The limitation will be made if the duration of the event makes this necessary. We also reserve the right to adjust the starting times. For events 800 m Freestyle and 1500 m Freestyle only 2 heats or 1 heat is allowed. The entry time must be available in the DSV - list from January 1st 2021 to April 20th, 2022. According to that the acceptance or a necessary rejection of entries will take place. For the 400 m Freestyle and 400 m IM a max. of 5 heats will be allowed

#### **7. Entry fees**

For races 50 m, 100 m, and 200 m the entry fee is 11,00 € for age group 10 and older. For the 400m -, 800 m - and 1500 m events the fee is 13,00 € each. If the indicated times are reached in a preliminary or timed final, 3,00 € will be refunded. A refund will not be given if athletes qualify for a final but do not compete in the finals without having cancelled their registration in due time. All entry fees must be paid at the latest by April 26th 2022 to the SG Essen bank account:

**The SG Essen account details will be communicated with the final registration confirmation!**

**For the refund of the entry fee, the club teams are asked to name a bank account when submitting the entries, as the refund will only be made by bank transfer.**

Entry fees are 6,00 € for each individual event for age group 8 and 9. **There will be no refund of the entry fee for these age groups.**

#### **8. Seeding**

Heat sheets will be conducted upon entry times, regardless age category.

#### **9. Qualification for Finals**

For the A-final the eight fastest qualifiers of the age group 14 and older shall race in the finals. In addition, a youth final will be held. The eight fastest qualifiers of the age group 10-13 shall compete. Furthermore, the eight fastest of the age group 8 and 9 will qualify for the kids final in the 50 m events.

## **10. Classification**

According to the preliminary events the following classification takes place:

Age group 8 (2014) and 9 (2013) each individually.

Age group D 10 (2012)/ 11 (2011)

Age group C 12 (2010)/ 13 (2009)

Age group B 14 (2008)/ 15 (2007)

Age group A 16 (2006)/ 17 (2005)

Timed finals starting at 400 m will be only subject to open classification.

An exception applies to the 400 m Freestyle, where there is an additional age group classification for the age group D (2012/2011) and C (2010/2009).

## **11. Awards**

**Age classification according to preliminary heats:**

Places 1 - 3 medals and certificates

**Final heats:**

Places 1 - 3 medals and certificates

**Final classification:**

Places 1 - 3 medals and certificates

## **12. Rewards for Swim & Fun-Records**

For each meet record a prize money of 100 € will be given out.

## **13. Rewards for the best Individual Race**

For the best individual performance or places 1 – 10 (according to the Rudolph points table), the following bonuses are awarded for both women and men:

There is a four-way ranking according to rudolph points, 4 competitions must be successfully completed.

Place 1 – 150,00 €, Place 2 – 125,00 €, Place 3 – 100,00 €, Place 4 – 75,00 €, Place 5 – 60,00 €, Place 6 – 50,00 €, Place 7 – 40,00 €, Place 8 – 30,00 €, Place 9 – 20,00 €, Place 10 – 10,00 €.

Swimmers born in year 2009 or younger will receive the rewards in form of a voucher of the company Swim-Total. Swimmers born in 2008 and older will get the rewards as cash.

The handover of the reward takes place after the last Session.

## **14. Officials**

All participating club teams are asked to provide their own officials.

The number of officials depends on the number of entries. (At least one for clubs with 10 entries or more)

The club teams are asked to include their officials in the entry form.

The final number of officials per club will be adjusted due to the number of entries.

## **15. Privacy policy**

By submitting the entries, the club team declares that the team itself and the registered athletes agree to the storage of personal data and also that the competition data will be published in entry results and leaderboards, also electronically.

In addition, by submitting the entry form, the club declares that the data specified in the entry form as well as photos, film footage or photomechanical reproductions made during the event may be used by the coordinator and third parties (e.g. print and online media) as well as sponsors without any compensation claims on the part of the respective participant.

## **16. Covid-19 Regulations and Measures**

**Basically, the hygiene concept is based on the valid CoronaSchVo of the state of NRW and the requirements of the city of Essen. Depending on the course of the pandemic, there may be short-term changes in all areas of the event.**

**The hygiene concept will be published on our homepage in good time before the event**

The Meet „Essener Swim and Fun Days“ is organized in compliance with the „Bezirk Ruhrgebiet im SV NRW

Ralf Kirchmayer  
SG Essen

